

For Students September 20, 2023



Emerging Leaders Explore Electric Works at Retreat

Electric Works remains one of Fort Wayne's next and current "big things," and a group of Purdue University Fort Wayne students couldn't wait to explore it Saturday. That chance was made possible through Student Leadership's annual Emerging Leadership Retreat for sophomores and juniors. For many, it was their first time to visit this prime example of urban development.

"It's always campus to housing and housing to campus, and coming here was a little relaxing and something out of what we do the whole week," said sophomore psychology major Moksha Sree Bollapally.

It's also an opportunity to show what Fort Wayne can offer.

READ STORY

Appointments by Sept. 27

Being proactive by receiving your flu shot before flu season hits is highly recommended in order to keep yourself healthy—as well as the rest of the Herd. Two flu shot clinics for currently enrolled Purdue Fort Wayne and Indiana Fort Wayne students are being offered on campus the first week in October on the following dates:

Oct. 4 | 11 a.m.-1 p.m. | Student Housing Clubhouse Oct. 5 | 4-6 p.m. | Walb Student Union, Room 114

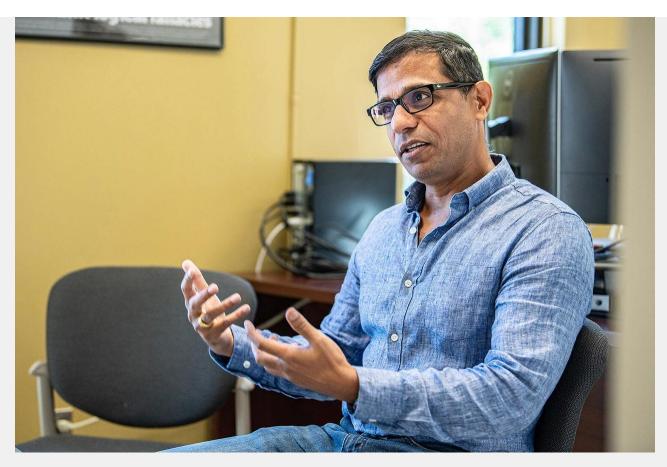
Students should **schedule their appointment** online through the Super Shot scheduling system by Sept. 27 using these **step-by-step instructions**. They are asked to bring a photo ID and health insurance card, if insured, with them on the day of the appointment. Because of a recent grant, Super Shot is offering the shots free of charge to students, regardless of their health insurance status.



Book Signing Added to Rainn Wilson Omnibus Appearance Tomorrow Night

After his Omnibus series presentation on Thursday, Rainn Wilson will sign copies of his books outside of Auer Performance Hall at Purdue Fort Wayne Music Center. This opportunity is expected to start shortly after the conclusion of the show. The **Mastodon Campus Store** will also have copies of Wilson's most recent book, "Soul Boom," on sale in the music center's lobby beginning at 6:30 p.m.

All available tickets for "An Evening With Rainn Wilson" were claimed during the first hour after their release on Sept. 7; however, a waitlist is being maintained by the Schatzlein Box Office and unused tickets can be transferred to other interested patrons upon their return. Anyone in possession of tickets that they will not be using is encouraged to notify the box office as soon as possible so they can be reissued. That can be done by emailing **eventtickets@pfw.edu** or calling 260-481-6555 to let the staff know which tickets can be redistributed.



Paresh Mishra teaches a popular elective class on managing stress holistically.

Popular Class Helps Students Better Address Professional and Personal Stress

The whirlwind of change accompanying the fall semester's first six weeks can be overwhelming for students. The adjustments can include living independently, managing finances, building new relationships, and learning to use new technology while simultaneously keeping up with coursework. Even the newfound independence that students often desire can become taxing.

Paresh Mishra, chair of the Department of Organizational Leadership and associate professor, annually teaches an elective class on managing job stress and health. It's among the most popular in the **College of Engineering, Technology, and Computer**Science. The class studies workplace stress, but also a wide range of stressors such as interpersonal relationships, academic pressures, financial difficulties, health concerns, and societal challenges.

"Stress does not compartmentalize itself—it may start in one area but spill over to other areas of our lives, so we must learn to manage it holistically," Mishra said.

READ STORY



Students Share Their Enthusiasm for Archaeology at Campus Site

While many college students focus their attention four or five years into the future, some Purdue University Fort Wayne students love digging a little deeper to get a glimpse of what was happening a few thousand years into the past.

Part of the **Department of Anthropology and Sociology**, approximately 10 PFW students presented a demonstration of their skills and inquisitiveness on Saturday. Camping out on the west side base of the Ron Venderly Family Bridge, students introduced their passion to more than 75 visitors.

"It's a pretty cool experience to talk to the public and tell them we are archaeologists," said junior Emily Doctor. "We're here to engage the public in archaeology and hope they get a better appreciation of it."

READ STORY

Don Dates

There's always plenty to do at Purdue Fort Wayne. To find your favorites—or discover new activities—check the Don Dates website often to see what's happening on campus.

Pan-African Social

Join The Multicultural Center for a Pan-African Social. Enjoy music and refreshments...

SEPTEMBER

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Mon., 2-5 p.m.

Totes and Talks

Take a mental break and decorate your own tote bag! Materials will be supplied, as well as some refreshments—all you need to do is show up and relax...

SEPTEMBER

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Tues., 11 a.m.–1:30 p.m.

Talent Tuesday: STEM Employers

Connect with STEM employers who are offering internships positions as well as part- and full-time positions. Talk with one, two, or all employers at your convenience...

News Spotlight

A sampling of external news coverage of Purdue University Fort Wayne.

Coverage of Military Appreciation Day at PFW

Fort Wayne-area media | Thursday

An update on the possible United Auto Workers strike and how it could impact the economy

21Alive | Sept. 13

Mastodon Moments

Seen and noted around campus. Monitor our university social feeds for more great moments of Mastodon life.



Constitution Day was recognized on Monday with a reading of the document by Helmke librarians and other campus staff.

Athletics



Don Dates



News Center



Don Life is an official university communication sent weekly on Wednesday to all currently enrolled students. Don Life Special Edition is a supplement to the regularly scheduled newsletter. It covers breaking news and time-sensitive information directly related to university operations.

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