



SUCCESS IN THE HERD

# what it takes

For All Students

September 22, 2024

## Guidance in Getting Involved

Hello students,

Are you still looking to find your niche around campus? It's OK if you are; these things can take some time and a little friendly guidance.

While academic success is paramount, involvement in cocurricular activities increases satisfaction, overall happiness, résumé and skill building, and overall success. There are plenty of opportunities for you to get involved all year long! Here are a few.

### **Student Activities Board**

Did you attend any of the Campus Kickoff events? Do you have ideas for an awesome event? Did you read the **feature story** in Wednesday's *Don Life*? It all falls under the umbrella of the Student Activities Board.

A huge function of SAB is programming. Any student interested in building the student experience on campus should consider joining in on the fun. You are welcome to participate as a general member by reaching out directly via **sab@pfw.edu** to obtain information about upcoming meetings.

### **SAB All-Stars – PFW Perks Program**

Throughout the fall 2024 semester, the SAB All-Stars program will offer students the chance to earn fantastic rewards simply by attending SAB events and being active participants in the vibrant campus community. Be sure to check in at each SAB event and your participation will count toward your all-star status. Prizes will include an exclusive party at Crazy Pinz and other additional benefits.

### **Student Government Association**

Our SGA is quite active on campus, and you will see executive officers and senators next to you in classes, out and about at events, and spending time in the Herd Hideout. They are your friends, your roommates, and your classmates. If you are interested in SGA, I would recommend learning more about **university committees**.

Additionally, SGA has a **calculator and iPad rental program**—so popular it’s sold out this semester—and gaming equipment for use in the SGA Gaming Lounge located at Walb Student Union, Room 223, and the Herd Hideout at Walb 137. There’s also a free coffee program. All of these services can be accessed in the SGA office at Walb 225.

### **Student Travel**

Interested in attending a conference but low on funds for making it happen? Learn how the student travel fund can help you get where you want to go. The fund’s committee is comprised of faculty, staff, and students who strive to financially assist students in their professional and personal development through travel. If you find yourself in need of this kind of assistance, consider applying via the student travel **website**. Of course, there are guidelines, deadlines, and forms to complete.

### **Intramurals**

Well-being and Recreation operates a full schedule of intramural sports for students to participate in during the fall and spring semesters. If you are interested in focusing on your physical fitness through organized sport with friends, this is a great avenue for you! The first step would be to download the Fusion Play app and **check out their offerings**. The team also offers the opportunity for you to kayak, weather permitting. Kayaking is located across the Ron Venderly Family Bridge on the west side of campus and is free.

One piece that I want to make abundantly clear; we are here for you and are happy and willing to help make your experience be the best that it can be. If you don’t know where to start, stop by any of our offices on the second floor of Walb and we will get you connected.

Don’t forget to check out the **fall programming guide** complete with thousands of events, times, and locations. The university **events calendar** also has new activities that are added all the time.

See you around campus!

## **Positive Practices**

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Find a “study buddy” or join a study group in every course you take. Your study buddy doesn’t need to be a close friend, just someone to exchange notes, prep for exams, and collaborate with on projects or presentations.



*Kristina J Surface*

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