



SUCCESS IN THE HERD

what it takes

For All Students

September 15, 2024

Take Advantage of Academic Support

Hi, Students,

Can you believe we're nearly a month into the fall semester? Soon, the leaves will be turning, and our campus—beautiful year-round—will truly come alive with the colors of the season. We hope you're enjoying at least the thought of cooler weather, and gearing up for midterms, which are just a few weeks away.

Speaking of midterms...

How are you doing academically? Are you attending your classes and staying on top of your reading? We want you to feel confident in your academic progress. While college offers many activities, friendships, and experiences, your main purpose is to earn that degree. To help you reach this goal, we want to remind you of the support services available on campus.

First, our amazing advising team is ready to assist with everything from selecting a major to registering for classes and navigating any academic challenges. Don't hesitate to reach out to your academic advisor—they're here to help!

We also encourage you to connect with your professors. Say hello after class; visit during office hours; or send a quick email to share something you appreciated learning or maybe didn't quite grasp. Our campus is teaching-focused, and your faculty are dedicated to helping you grow. Build those personal connections—they want to support you and see you succeed. If you find yourself falling behind, struggling with a concept, or not doing well on an assignment, ask for help and guidance sooner rather than later.

Did you know we offer free tutoring services? You can take advantage of unlimited walk-in tutoring for subjects like math, statistics, biology, chemistry, and physics. For other subjects, tutors are available by appointment. Plus, we offer workshops and one-on-one support to help you with time management and study skills. The Tutoring Center has locations all over campus, but can be reached primarily in Kettler Hall, Room G22. It's open Monday–Friday, 9 a.m.–7 p.m. Visit pfw.edu/tutoring for more information.

Are your writing skills feeling a bit rusty? Struggling to organize a paper or navigate APA or MLA style for the first time? Need help preparing a speech or oral presentation? The Writing Center is here to assist. We offer both in-person and online appointments, with a space conveniently located on the first floor of Helmke Library. Discover more at library.pfw.edu/writing.

If you have a documented disability, be sure to register with our Disability Access Center. Whether you need course accommodations or something else to help you feel more comfortable and focused, the DAC team is here to assist. They'll work with you to identify any barriers and collaborate with your professors to ensure you have the tools to thrive in class. Stop by the DAC to learn about services—or simply relax in the low sensory area for a few minutes. You can find the DAC in Walb Student Union, Room 113, or reach them at dac@pfw.edu. Visit pfw.edu/dac for more details.

Please know that everyone who works here at PFW and IUFW is dedicated to your success as a student. We understand that school can sometimes feel overwhelming, and you might need a little extra support. Make sure to take advantage of the free services available to help you along the way.

Have a fantastic week.

Positive Practices

Go offline. If you find yourself constantly checking social media, try putting down your phone and doing something else for a little while. Reducing screen time can be a mood booster and free up time to do something you enjoy like taking a walk, reading a book, or connecting with others.



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